

**NEGATIVE**

**MY DAILY MORAL INVENTORY**

**POSITIVE**

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Self-Pity / Self-Condensation																																Feeling of self worth
Control / Manipulation																																Trusting the Lord
Looking for anesthetics / Escapes																																Facing and resolving
Resentment / Unforgiveness																																Forgiveness
Projection																																Accepting responsibility
Self-Righteousness / Pride																																Humility
Denial																																Acceptance
Talking Too Much / Gossip																																Ready to Hear / Not Talking About Anyone
Lies / Deception																																Honesty / Confession
Shame / Blame																																Accepting Forgiveness From God
Complaining / Ingratitude																																Gratitude / Thankfulness
Payback / Vengeance																																Response / Not reacting
Being Phony / Pleasing others																																Being Real / Pleasing God
Fear / Worry																																Peace and Serenity
Forgetting God / Self-Sufficiency																																Acknowledging God
Focusing on Achievement																																Looking for God's Acceptance
Procrastinating / Falling Behind																																Doing Things on Time
Being hard on others																																Encouraging others / Building up
Arrogance / Know it all																																Not Having To Be Right
Being a taker / Selfish																																Being a giver / Altruistic
Negative Thoughts																																Positive Thoughts

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Impatience																																	Patience	
Rebellion																																		Submission
Unclean and Immoral Thoughts																																		Spiritual and Clean Thoughts
Gluttony																																		Temperance / Moderation
Head and Butt Disease																																		Concentration / Focus
Codependent Rescue																																		Detachment
Permissiveness																																		Healthy Limits
Greed																																		Satisfaction
False Expectations																																		Waiting on God
Cynicism / Sarcasm																																		Loving and True Words
Self-Rejection																																		Self-Valuation
Self Annulment																																		Knowing my Place
Moody / Temper Tantrums																																		Stability
Irresponsibility																																		True to my promises
Disrespectful																																		Valuing Others
Victim Complex																																		I Decide to Fight for my Life
Self-Protection																																		Taking Risks
Envious																																		Noble / Wanting Good for Others

